

Active Technology 2017

FREE
ACTIVITIES

Get active
Have fun

SCHOOL STUDENTS ONLY



Active Technology is a program that teaches students how they can use technology to become more active. This program will start to introduce how technology such as smartphones, activity monitors and video games provide an avenue for young people to measure, understand and improve their daily activities to live a healthier lifestyle. The sessions will also be designed to inspire young people towards a career in coding, gaming and technology related fields.

Project management by



HEALTHY
TASMANIA

www.healthytasmania.com.au



Neighbourhood Houses
The heart of our community
STARTING POINT
NEIGHBOURHOOD
HOUSE

Northern Suburbs

Community Centre Inc.



@ALaunceston






@activelaunceston




Active Launceston



WHO:

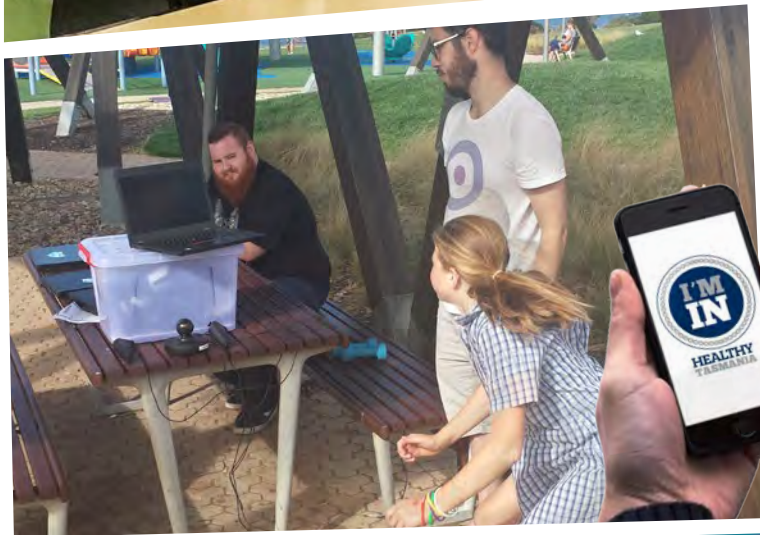
-  Grade 5-6 primary school aged children
-  All fitness levels
-  Beginners encouraged

WHAT YOU NEED:

-  A drink
-  Wear comfortable clothing and appropriate footwear

TEACHERS - HOW TO REGISTER YOUR STUDENTS:

Sign up your class now for Active Launceston with the I'm In by Healthy Tasmania phone app available on iOS and Android. Download the app, fill in your details, create a group and add in the students individually. Once you've done this you can register the group at each session by scanning your phone (Group QR Code) with the session coordinators phone. If this doesn't work for you, just bring your phone to the session and we'll sort it, or you can use our phone to register. Step by step process available at www.activelaunceston.com.au



Dates	When	Time	What	Location
4 May	Thursday	1.45 - 2.45pm (60 min)	Grade 5-6 East Tamar Primary School Students	East Tamar Primary School 30B Hargrave Cres, Mayfield TAS 7248
11 May	Thursday	1.45 - 2.45pm (60 min)	Grade 5-6 East Tamar Primary School Students	East Tamar Primary School 30B Hargrave Cres, Mayfield TAS 7248
18 May	Thursday	1.45 - 2.45pm (60 min)	Grade 5-6 East Tamar Primary School Students	East Tamar Primary School 30B Hargrave Cres, Mayfield TAS 7248
25 May	Thursday	1.45 - 2.45pm (60 min)	Grade 5-6 East Tamar Primary School Students	East Tamar Primary School 30B Hargrave Cres, Mayfield TAS 7248
1 June	Thursday	1.45 - 2.45pm (60 min)	Grade 5-6 East Tamar Primary School Students	East Tamar Primary School 30B Hargrave Cres, Mayfield TAS 7248